



# Douglas County School District

## Staff Wellness Employee Kickball

### 2014

**WHAT** — This is a DCSD staff wellness co-ed kickball program organized by DCSD Staff Wellness.

**WHO** — Only DCSD employees that are 18 years and older can participate.

**WHERE** — All games will be played at the Metzler Ranch Park – 4175 Trail Boss Dr. Castle Rock, CO 80104 (baseball fields #1, #2, #4).

**WHEN** — All games will be played on September 20, September 27, and October 4. Game times are 9:00 am, 10:00 am, 11:00 am and 12:00 pm. October 4, will be tournament day. All games will be 50 minutes in length or 5 innings (whichever comes first).

**HOW** — A team captain must form a team and fill out the [kickball team signup form](#) and also submit the [waiver form](#) with all players signature, no later than September 15, 2014 by 5:00 pm. Only the first 24 teams will be allowed due to time and location restrictions, so the sooner you signup and submit the waiver the better chance you have to play. The schedule will be emailed out to the team captain by September 17, 2014.

## Participation Details

- Team Captains are required to fill out the [kickball team signups form](#), collect signatures on the waiver for ALL players, act as a spokes-person and team leader during play, agree with the other teams captain on final score, be a leader in sportsmanship and submit the final score of game by the following Monday at 5:00 pm on the Kickball [score sheet form](#) (except for October 4 tournament day)
- A kickball team consists of 9-11 players. It is the responsibility of the team captain to rotate the players. if there are more than 9 players on a team.
- Teams can be co-ed or all one gender .
- ALL teams will play other teams that are either co-ed or not co-ed.
- All players must sign the [waiver form](#) or that team will not be eligible to play.
- BEFORE a Team Captain submits the team on the [kickball sign up form](#) – all players must be able to commit to September 20, September 27 and October 4 anytime between 9:00 am – 12:50 pm. Times and schedules will be out by September 17, 2014 and will be determined by the number of teams that sign up. October 4 will be tournament day and teams might play more than once.
- Umpires are not provided and it is up to each Team Captain to be aware of the game rules and agree with the other Team Captain if there is a dispute.
- Each Team Captain will either be in charge of the score or assign someone on the team to keep track of the score. The Team Captains must agree on the final score prior to leaving the field.
- Each Team Captain must start the game on time (top of the hour) and end the game on time (50 minutes in length or 5 innings). Team Captains must be aware and knowledgeable of all game rules – see game expectations below.
- Team captains must be sure that the score is agreed upon and correct before submitting the final score. No protests over game scores will be accepted.
- Both teams should report their score by the following Monday after the game on the [score sheet form](#).

## Game Expectations – Game Rules

- Game balls will be placed at each field prior to the game start. All game balls are to be left at home plate at the finish of the game.
- All games will be 50 minutes in length or 5 full innings (whichever one comes first). If time permits extra innings will be played if there is a tied game.
- Mercy Rule
  - If a team has 20 runs over the other team by the end of the 3<sup>rd</sup> inning, the game is over
- All teams must be aware that you might be playing a team that is co-ed or all one gender
- Problems resulting from excessive non-sportsmanship like activity will result in forfeit of the game for the team or teams that has the problem.
- Pitching -
  - Each team will pitch to the other team. Pitchers must pitch from the pitching mound and cannot go in front of the plate until the ball is kicked. The pitcher should try his/her best to give the kicker a pitch that is easy to kick.
- Kicking –
  - All kicks must be made by foot. A kicker can be called out if they get 3 strikes or 4 foul balls.
  - A play ends when the pitcher has control of the ball and is near the mound/pitching circle.
- The ball can be thrown at any player and must hit shoulder and below. The runner will be called safe if it hits their head unless they are sliding/ducking the ball. If a player is hit in the head they get the base they are running to. No leading off or stealing is allowed. A runner off his/her base when the ball is kicked is out.
- Players that are playing a base position should make every attempt to position their foot on the side of the base to leave room for the runner.
- Any player who deliberately crashes into a defensive player holding the ball, will be ejected from the game
- On an overthrow, the runner may advance at their own risk, they are allowed to run more than one base if they want.
- Each team gets three outs per inning.
- A kicker is out if three strikes are thrown or if the ball is kicked foul on the third strike or 4 foul balls.
- A kicker is out when the fielding team touches a base with the ball before the kicker arrives, or he/she is hit with a thrown ball below the shoulders while running the bases.
- A kicked ball caught by a fielder before hitting the ground will result in an out.
- A team must consist of 9 -11 players and may use two players for base coaches.
- Only 9 players can be out on the field at one time (if one player is missing an exception to 8 players on the field may be accepted).
- Team Captains and players are in charge of their own uniforms.
- Players must be aware of changing weather and come prepared.
- If weather becomes too bad per DCSD weather guidelines during play, games will be canceled.



Remember Team Captains are in charge of keeping score, outs, time, innings and agreeing on final score of the game. Sportsmanship is a must and there is no room for foul language or foul play. Please keep it clean and pick up any trash after your game. Families are more than welcome to come and watch.

Any weather cancelations will be posted to the DCSD Benefits and Staff Wellness website <https://www.dcsdk12.org/benefits/> under the wellness tab an hour prior to the game and will also be emailed to each Team Captain if the weather does not permit. Questions? Contact Michele Carter – [Michele.carter@dcsdk12.org](mailto:Michele.carter@dcsdk12.org) or 720-433-1596.

All Kickball Team Participation Forms need to be completed by September 15, 2014 at 5:00 pm. No late forms will be accepted. All team participants must sign the waiver and submit by September 15, 2014. No signed waiver, no play. Only the first 24 teams to submit all paperwork will be able to play.

1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners will be awarded on tournament date (October 4).

**Come and have fun with your co-workers!**