

WELLNESS FOR EVERYONE

Managing Everyday Life

PARENT PSYCHOEDUCATION GROUP

First & Third Monday of each month



- Group will meet from 5:30 PM - 6:30 PM
- Drop in parent group for all of Denver community, regardless of child's age
- Discuss and learn a curriculum including: family roles, grief, social media, communication, and mental health diagnoses

11.222



Behavioral Health & Wellness Center

A Campus of The Medical Center of Aurora

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