

HEARTLIGHT CENTER

Starfish

Group support for grieving children

The Starfish Program strives to create a community where children and families living with grief feel safe, supported and understood during their personal journey. Our mission is to support children and their families through grief support groups, advocacy, community education and outreach.

We believe that children deserve the opportunity to grieve in a supportive and understanding environment. Groups are designed to help children learn to recognize, express and embrace their thoughts, questions and feelings about grief and loss. And most importantly, children learn they are not alone. The groups are led by Michael Dawson MA, LPC and Karrie Filios MA, LPC who have been dedicated to helping grieving children for over a decade, lead the groups.

Group Information

Location: New Hope Presbyterian Church, 3737 New Hope Way Castle Rock, CO 80109

Time: 7:00 p.m. – 8:15 p.m.

Length of Sessions: The Fall session will begin in September and will meet every other Monday.

Weekly Cost: \$5 for families with one child attending/\$10 for families with 2 or more children attending.

Parent Group: Parents are encouraged to attend an informational support group while their child(ren) attend the children's group.

Registration Forms: Forms can be obtained from your local school or downloaded at www.heartlightcenter.org

Registration must be completed before the child(ren) may attend the Starfish Program.

For Additional Information, please contact

The Starfish Program

c/o Heartlight Center

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